Do you struggle with making and keeping friends? Are you motivated to learn how?



Attend PEERS® Social Skills Workshop

A 14-week social skills workshop for teenagers and young adults with "invisible differences"*

*Invisible differences are neurobehavioral and emotional disorders such as ADHD, non-verbal learning disabilities, depression, learning disabilities, autism spectrum disorder and anxiety.

Learn to:

Engage in natural, two-way conversations
Appropriately use humor
Handle rejection, teasing, and bullying
Handle rumors and gossip
Handle arguments and disagreements
Choose appropriate friends
Have a successful get-together with friends

Evidence-based Instruction:

Small group format (7-10 participants)

Coaches model behavior

Opportunities to practice appropriate behaviors

Homework reinforces lessons

Concurrent parent sessions





A Program of Center for Companies That Care

Why PEERS®?

It works!!

Developed by Ph.D. researchers at UCLA and repeatedly proven effective.
Instructors are certified by UCLA.

Register Today!

Call: Center for Companies That Care at 312.661.1010

Visit: www.companies-that-care.org/peers-registration

Classes are FREE

thanks to a grant from CVS Caremark!

Classes begin Fall 2013